The monsters that rose from the dead, they are nothing compared to the ones we carry in our hearts. -- Admiral Xu Zhicai, Chinese Navy, p. 252 PTSD and Disasters

This guide brings together resources under key subjects addressed by World War Z.

World War Z Guides

- **World War Z History Study Guide**: Background information on all of the historic and geographical references made throughout the novel.
- **World War Z Character Guide**: List of characters with summaries.

PTSD Resources

Articles

- [Examining a Comprehensive Model of Disaster-Related Posttraumatic Stress Disorders in Systematically Studied Survivors of 10 Disasters](#)
- [Bereavement and Mental Health after Sudden and Violent Losses: A Review](#)
- [Associations Among Disaster Exposure, Intimate Relationship Adjustment and PTSD Symptoms: Can Disaster Exposure Enhance a Relationship?](#)

Films

- [PTSD and Trauma](#)

Streaming Video

- [Understanding Post Traumatic Stress Disorder](#)

Web Sources

- [Contagion On The Couch: CDC App Poses Fun Disease Puzzles](#)
- [Bogus zombie apocalypse warnings undermine US emergency alert system](#)
Infectious Disease and Public Health

Articles

- Health and Medicine: Satellites Diagnose Disease Outbreaks.
- Plagues, pestilence and pandemics: Deadly diseases and humanity.
- Ethical Justification for Conducting Public Health Surveillance Without Patient Consent

Books

- A History of Infectious Diseases and the Microbial World

Web Sources

- How to Control an Army of Zombies
- Can Murder Be Tracked Like An Infectious Disease?

Mathematical Models and Epidemics

Articles

- Putting Math to Work in Public Health Crises.
- When Zombies Attack!: Mathematical Modeling of an Outbreak of Zombie Infection

History of Zombies

Articles

- Slaves, Cannibals, And Infected Hyper-Whites: The Race And Religion Of Zombies.
- White Zombie
- Poisonous Drugs Were Used on Victims Student's Probe of Voodoo Uncovers Secret of Zombies: Zombies and entertainment
- Zombie Resurrection
- Dead Men Still Walking
- Go on. Bring a zombie to Life
- Our Zombies, Ourselves
- Might of the living dead: a ghoulish genre gets new life

Books

- Plagues in World History

Web Sources

- A Zombie is a Slave Forever
- Sick idea: how rabies spawned vampires and zombies
Zombies Culture

Articles

- West Indian mythology and its literary illustrations

Books

- Living and the Undead: Slaying Vampires, Exterminating Zombies
- The Vampire Book: The Encyclopedia of the Undead

Web Sources

- Sick idea: how rabies spawned vampires and zombies

Films

- Walter Wanger's Invasion of the Body Snatchers
- The Evil Dead
- Evil Dead II
- Army of Darkness
- Zombieland
- Children Shouldn't Play with Dead Things
- Dawn of the Dead
- Pet Sematary
- The Omega Man
- Night of the Living Dead
- The Return of the Living Dead
- The Last Man on Earth
- Day of the Dead
- Shaun of the Dead
- Dawn of the Dead
- The Serpent and the Rainbow

On the Author

Videos

- U.S. Naval War College's 2009 Lecture of Opportunity (Youtube link)